

# **CANCER FACT SHEET 2023**

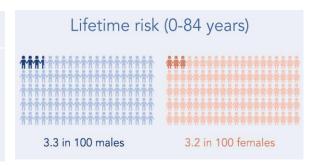
# **MELANOMA**

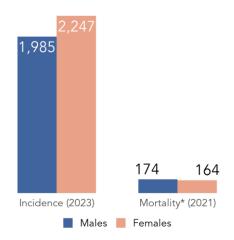
ICD-10 C43

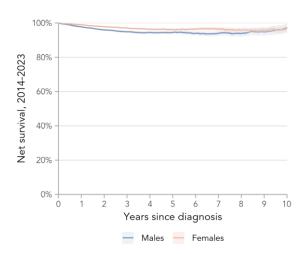


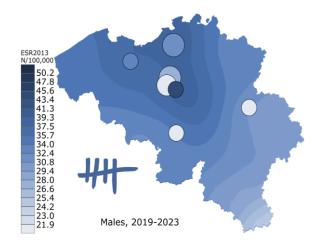
## **Key facts**

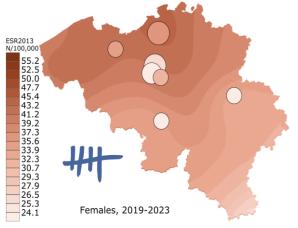
- **5**<sup>th</sup> most common cancer in males
- 4<sup>th</sup> most common cancer in females
- **4,232** new diagnoses in 2023
- 338 deaths due to melanoma in 2021
- 5-year net survival of **96.5%**







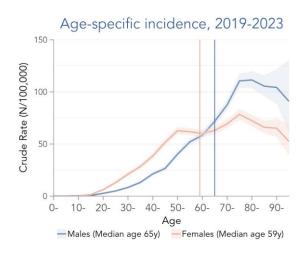


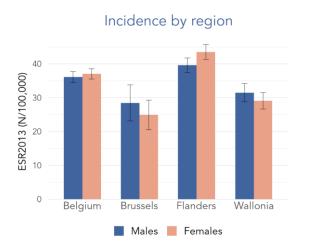


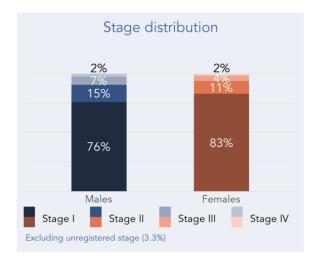
# **INCIDENCE (1)**



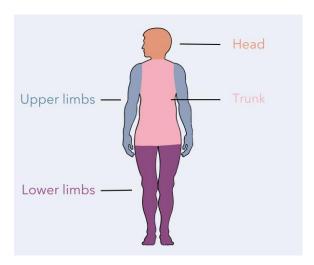








- Median age at diagnosis for melanoma is 63 vears
- Diagnosis of skin melanoma at a younger age is more frequent in females, compared to males
- For **females**, there is a higher risk of skin melanoma diagnosis **in Flanders**, compared to other regions
- Skin melanoma is more frequently diagnosed **on the trunk for males**, and on the **lower limbs for females**

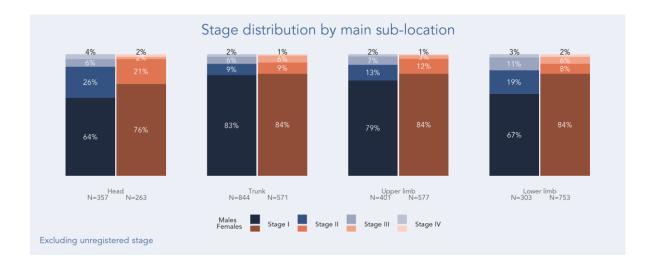


Incidence by main sub-location, N (%)	Males		Females	
Head	364	(18.3%)	271	(12.1%)
Trunk	847	(42.7%)	571	(25.4%)
Upper limb	402	(20.2%)	578	(25.7%)
Lower limb	304	(15.3%)	761	(33.9%)
Unspecified	68	(3.4%)	66	(2.9%)

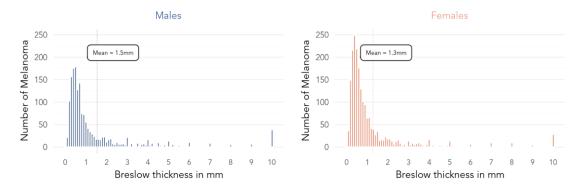
## **INCIDENCE (2)**







### Distribution of Breslow tickness



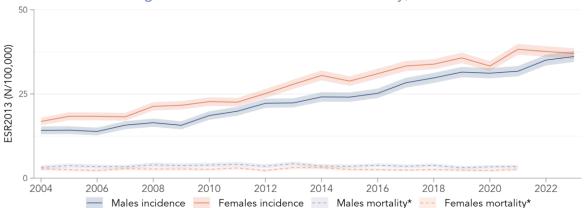
- **Breslow depth** can be used as a prognostic tool in skin melanomas. It describes the depth of the tumour invasion.
- O **Ulceration** is also an important prognostic factor in skin melanomas. In 2023, 19.8% of melanomas in males and 16.7% of melanomas in females showed ulceration. More information about ulceration (pT subcategories) can be found in the appendix.
- o The majority of skin melanomas are diagnosed in **Stage I**.
- **Stage** distribution differs between **sex and sub-location**. Melanoma in females is more often diagnosed in Stage I compared to males.

## **INCIDENCE TRENDS**

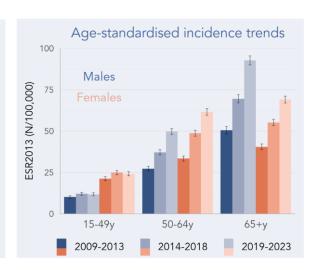




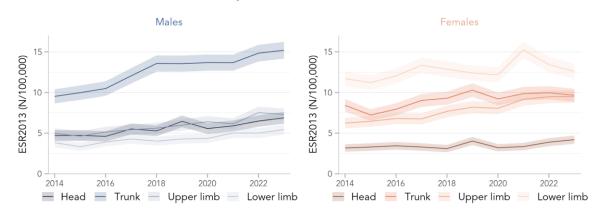
## Age-standardised incidence and mortality, 2004-2023



- Melanoma is a predominantly female cancer; male to female ratio of 0.88
- Risk of a melanoma diagnosis in males is increasing with an average annual percentage change of +5.5%
- Risk of a melanoma diagnosis in females is increasing with an average annual percentage change of +4.4%



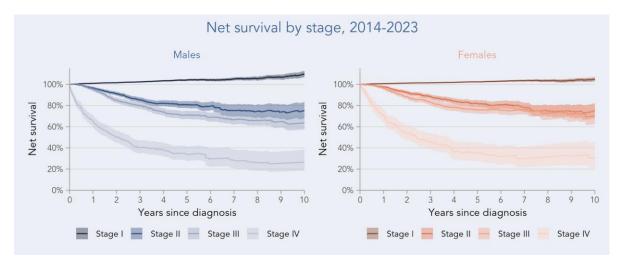
### Incidence by main sub-location, 2014-2023



### **SURVIVAL**

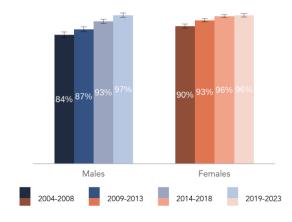






Net survival can exceed 100%; more information in 'Concepts & Abbreviations' (last page)

#### 5-year net survival over time



- **5-year net survival has been improving** for males and females in the last 20 years
- Diagnosis in an early stage is associated with a better prognosis
- More than 41,000 people are living with the consequences of melanoma

Additional detailed information (including prevalence) can be found in the Appendix of the Cancer Fact Sheet and on the website of the Belgian Cancer Registry



5-year net survival, 2019-2023 % % (95% CI)	Males		Females	
Total	96.6%	(95.2%; 98.0%)	96.5%	(95.4%; 97.6%)
Head	97.7%	(93.7%; 102.0%)	96.3%	(91.3%; 101.5%)
Trunk	97.8%	(95.9%; 99.8%)	98.1%	(96.5%; 99.7%)
Upper limb	101.1%	(98.2%; 104.0%)	97.8%	(95.6%; 100.1%)
Lower limb	94.4%	(91.2%; 97.8%)	97.3%	(95.8%; 98.8%)

# **CONCEPTS & ABBREVIATIONS**





- Absolute numbers (N): The number of newly registered cancer diagnoses observed for a given period of time. All figures and numbers in this cancer fact sheet are based on diagnoses of Belgian residents.
- Cancer maps: Cities with at least 150,000 inhabitants are directly represented on the map as circles with a diameter relative to the population size, and a colour shading indicating the actual calculated ESR2013 in that city. The 19 municipalities of the Brussels Capital Region (more than 1,000,000 inhabitants) are divided in three separate circles, based on socio-economic parameters. The socio-economic status is lowest in the westernmost circle and highest in the easternmost circle. Methodological information is available in 'Cancer burden in Belgium 2004-2017, Belgian Cancer Registry, Brussels, 2020'.
- **Crude Rate (CR):** The crude rate is obtained by dividing the absolute number of diagnoses (N) by the corresponding population size at risk (N/100,000).
- **ESR2013:** Incidence rates standardised to the 2013 revised European Standard Population (ESP): Standardisation is necessary to accommodate for differences in population size and age distribution (over time or among regions). An important factor in interpreting trends in cancer incidence is population ageing, as cancer is an age-dependent disease. For a higher proportion of elderly people in the population, a higher total number of cancer diagnoses can be expected for the same cancer risk. When only absolute numbers (N) or Crude Rate (CR) results are used, a misleading picture of the actual changes in the risk of a cancer diagnosis could be obtained. Therefore, direct standardisation is necessary to evaluate the evolution of the risk of cancer diagnosis over time or among regions.
- **Net survival:** Often also called the relative survival, is an estimate of the survival probability when other causes of death beside the cancer type(s) under study are excluded. As examples of other causes of death, patients with the cancer type(s) under study could also die because of an accident or unrelated cardiac conditions, etc. Net survival may exceed 100%, this occurs when the observed survival probability for patients with the cancer type(s) under study is higher than the one for the matched general population (no excess mortality due to cancer).
- The net survival estimation was based on the regional lifetables 2023, obtained from Statbel.
- **Stage:** Cancers are reported with a stage, labelled with a Roman numeral with IV being the most advanced stage. Stage is based on the T-category (extent of the tumour), the N-category (absence or presence and extent of the regional lymph node metastasis) and the M-category (absence or presence of distant metastasis). Stage is reported as a combination of both clinical and pathological stage with priority given to the pathological stage. Clinical information about distant metastases (cM) will always be taken into account, and in case of neo-adjuvant therapy, priority is given to the clinical stage. If stage is unknown, not applicable or not submitted to the Belgian Cancer Registry, the stage is reported as 'unregistered stage'. Stage is reported according to the TNM 8<sup>th</sup> edition: J.D. Brierley, M.K. Gospodarowicz, Ch. Wittekind. TNM Classification of Malignant Tumours, 8th edition: UICC, 2017.
- **95% CI:** 95% Confidence Intervals are indicated with a shaded band or whiskers in the figures. The 95% CI is a range of values that has 95% chance to contain the true mean value.

\*Mortality statistics in Belgium are collected and managed by the three Regions (Flemish Region: Departement Zorg; Brussels-Capital Region: Observatorium voor Gezondheid en Welzijn van Brussel-Hoofdstad/ l'Observatorie de la Santé et du Social de Bruxelles-Capitale; Walloon Region: Agence Wallonne de la Santé, de la Protection sociale, du Handicap et des Familles (AVIQ)). The Directorate General Statistics Belgium is responsible for collecting and merging the data coming from the regional agencies. Mortality data used in this cancer fact sheet are collected from the Directorate General Statistics Belgium and encompasses the period 2004-2021.

Recommended reference: Cancer Fact Sheets 2023, Belgian Cancer Registry (BCR), 2025